



THURSDAY
OCT. 8, 2026
9AM-1PM

FREE ADMISSION
BRUNSWICK
RECREATION CENTER
220 NEPTUNE DR
BRUNSWICK LANDING
mark your calendars!

OVER 100 EXHIBITORS!

The *People Plus Senior Health Expo* is a premier event in our community; providing a link to local and regional resources for older adults.

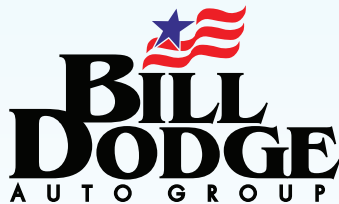


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FREE ACTIVITIES NOT TO MISS!

- **Flu shot** walk-in clinic courtesy of Martin's Point Health Care (while supplies last)
- **Swag bags** for the first 600 attendees!
- **Blood pressure screenings** courtesy of Walmart Pharmacy and Vision Center
- **Technology help desk** – Bring your own device and questions
- **Repair cafe** courtesy of Curtis Memorial Library. Bring your items from home and get help with repairs on books, small appliances, lamps, jewelry, wooden items, and electrical items
- **15-min. massages** and **balance screenings** courtesy of Coastal Orthopedics & Sports Medicine Physical Therapy
- **Reiki treatments** courtesy of Hearts & Hands Reiki
- **Acupuncture treatments** courtesy of Qi Cottage Acupuncture & Well-Being Services
- **Raffle drawing** for Maine State Music Theatre 2027 tickets!
- **Raffle drawing** for two Amtrak Downeaster round-trip tickets!
- **Raffle drawing** for two tickets to the Bowdoin International Music Festival October 2026 "Music at the Mill Series" concert in Brunswick!
- **Sharing Table with fresh produce** courtesy of Mid Coast Hunger Prevention Program
- **Live remote broadcast** from the Expo with Jim Bleikamp and Radio Midcoast WCME!
- **"Expo Special" People Plus membership deal:** \$45 for new members for the first year!
- **Registration** for Good Morning and Volunteer Transportation Network (VTN) programs
- **Books signings, sales & chats** with the People Plus Write On Writers club
- **Tours** of the Brunswick Recreation Department's fitness center
- **Free Wicked Joe Coffee** and healthy refreshment choices, including fruit, granola bars, and more!!

THANK YOU 2026 PARTNERS!



Thank You 2026 Sponsors!

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|------------------------------------|--------------------------------|-------------------------------|------------------------------------|
| AudioNova Hearing | Brock Health | Maine Community Bank | Rousseau Management |
| Avita of Brunswick & Sunnybrook | Brunswick Veterinary Clinic | Maine Dementia Partners, LLC | The Highlands |
| Bath Savings | Central Maine Power | Maine Pines Racquet & Fitness | The Town of Brunswick |
| Bedard Pharmacy & Medical Supplies | Dead River Company | Maine Veterans' Homes | Topsham Dental Arts |
| Beltone Hearing Center | Islebrook Village at Wiscasset | Martin's Point Health Care | Vein Healthcare Center |
| | Kennebec Savings Bank | Maynard Law | Walmart Pharmacy and Vision Center |
| | LeafFilter Gutter Protection | Norway Savings Bank | |

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|------------------------|---------------------------------|------------------------------------|-------------------------|---------------------------|
| AAA NNE-Brunswick | Autonomy PLLC Medical Foot Care | Insurance and Retirement Solutions | Maine SafeResponse | Senior Planning Center |
| Accel Physical Therapy | Brancato's Heating & Cooling | Maine Death with Dignity | Reform Physical Therapy | Tailored Care, LLC |
| Ancorum Credit Union | | | | Wicked Joe Organic Coffee |

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www.peopleplusmaine.org

