

Short Ribs

Ingredients:

- 1 pound beef short ribs
- 1 teaspoon salt
- 1/2 teaspoon ground black pepper
- 2 tablespoons all-purpose flour
- 1 tablespoon olive oil

- 1 tablespoon butter
- 1 onion, sliced
- 1 clove garlic
- 1 cup beef stock

Directions:

- 1. Season the short ribs with salt and pepper, then dredge in flour until coated. Shake off the excess flour.
- 2. Heat the olive oil and butter in a large skillet or Dutch oven over medium-high heat. Cook the ribs until browned on each side, about 5 minutes per side. Remove from the skillet and set aside.
- 3. Add the onion and garlic to the skillet; cook and stir until onion is tender, about 5 minutes.
- 4. Return the ribs to the skillet and pour in the beer. Stir, scraping the bottom of the pan, until all of the browned bits have mixed in with the liquid.
- 5. Pour in the beef stock, cover and simmer over low heat until very tender, about 2 hours.