

People *Plus!*
40 Years!

Building Community for Forty Years



2015-2016 Annual Report

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Executive Director

People Plus serves as the home for the *Spectrum Generations Aging and Disability Resource Center*, where the *Meals on Wheels* program delivers over 26,000 meals per year.



We've had another great year at People Plus! We support an engaged, healthy, and independent life for older adults, while joining others to build community for all ages. Each week the Center serves over 500 people with an average of 200 programs per month. The Center is buzzing seven days per week, from 8:30 am to 8:00 pm, and we saw about 35,000 people use the Center this year.

Over 200 volunteers provided over 7,000 hours of service this year in the areas of Community Outreach, Activities, Programs, Administration and Fundraising. The ***Volunteer Transportation Network*** and ***Good Morning Program*** check-in call services touch the lives of over 220 community homebound elders.

"Just starting driving and have already found it fun, interesting and helpful. While driving a 80-something client to his monthly massage appointment, found out that after he completed a long business career, he volunteered for the Peace Corps at age 63. They sent him to Poland for 3 years. Had to learn the language (which he did well enough to conduct seminars to small businesses on best practices). Fascinating conversation! On the way home, received a short property tour of a local neighborhood on Orr's Island! Great way to spend a couple of hours!"

-Peter Boulais,
VTN Driver

"As the People Plus monthly luncheon coordinator for the last seven years, I have worked with exceptional volunteers and have met many interesting people who attend our lunches. Seeing them enjoy a meal, smiling and laughing is very gratifying. My favorite part of the lunch is clearing the tables, giving me a chance to chat with all our guests. It warms my heart with the knowledge that I helped create a beneficial event for people who may not get out to socialize with friends or make new acquaintances - especially while they enjoy a nutritious lunch!"

Joining People Plus has definitely changed my life for the best. I volunteer in other areas giving me more opportunities to meet and help others. I am so grateful to be a part of the People Plus organization."

-Gladys Szabo,
People Plus Volunteer

"We have had several residents who have been on the [Good Morning] program for a length of time so we and volunteers recognize voices and sense when a participant has a change of voice or manner in speaking. We have conducted welfare checks and been able to convince the participants to speak with family members or medical providers and arrange for intervention for medical concerns.

We conducted a welfare check on male who had not called in, he lived alone, no local contacts - the officer spoke with the elderly man who said he wasn't feeling well but denied any offers for medical help. The next day he again did not call in, same officer conducted welfare check and found subject deceased- possibly had died overnight -- unknown how long the body would have been undiscovered."

-Sonia Frizzle-Moeller,
Brunswick Police Department
Communications Supervisor



For full financial reporting please refer to 990's filed with the IRS, the state of Maine and www.maine.gov.

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Look who turned 40...

People *Plus!*
Leadership Circle of Giving



Maine Senator Angus S. King (a loyal People Plus member) and Brunswick Town Manager John Eldridge joined staff and board members for the launch of the Center's 40th anniversary celebration on Feb. 5, 2016, when Sen. King delivered a rousing speech to a packed house.

Right: Member services coordinator Frank Connors and office manager Betsy White were feted at the opening, where Executive Director Stacy Simpson-Frizzle quipped, "Total service from you two equals nearly 40 years!"

Below: People Plus staffers journeyed to Augusta on March 8, 2016, to attend the reading of an official Maine Legislative proclamation honoring the service and history of People Plus.

Brunswick Senator Stan Gerzofsky (pictured at center) sponsored the Sentiment.



Alfred M. Senter Fund
Androscoggin Bank
Ann M. and David S. Swanson family
Bar Harbor Bank and Trust
Barry and Karen Gordon Mills family
Big Top Deli
Bill Dodge Auto Group
Bowdoin College
Brunswick Rotary Community Fund
Deane R. Lanphear
Ellen Asherman
First Parish Church
Gelato Fiasco
Goodwin Motor Group
Kate and Dustin Slocum family
Linda Cronkhite
Maine Community Foundation
Maine State Music Theatre
Maine Women's Giving Tree

Margery H. and Robert E. Healing family
Maria Van H. and Charles M. Woodman family
Mechanics Savings Bank
Mid Coast – Parkview Health
Nancy K. and Robert L. Morrell family
Perry E. Bradley
Priority Real Estate Group
Richard A. and Eleanor M. Morrell family
Richard and Ann Nemrow family
Riley Insurance Agency, LLC
Rosanna N. Chute
Rousseau Management, Inc.
Spectrum Generations
Suzan Wilson and Daniel McLaughlin family
The GE Foundation
The Nash Foundation
Town of Brunswick
Town of Harpswell
United Way of Mid Coast Maine
Vincent C. and Joanne B. McDermott family

Thank you to the hundreds of businesses and community residents that make all of this possible!



The Brunswick Area Teen Center celebrated its 10th Anniversary in 2015. In 2014 the program had 1,763 youth visits and in 2015 had 2,312 visits. The program continues to grow in membership numbers, with averages of 15-20 attendees per day and has increased its after school snack offerings, also providing a meal each afternoon in response to the increase in the number of members who are experiencing hunger insecurity and lack of nutritious, healthy food options. An assistant teen program staff member was hired in the summer of 2015 due to the rising attendance numbers, ensuring a consistent, adequate staff to youth ratio during program hours.

