



Senior Health Expo 2016

“Connecting Communities!”



Tuesday, October 18
9 am to 1 pm
Cook's Corner Mall

EVENTS NOT TO MISS!

FREE Swag bag
 for the first 200 attendees!

FREE coffee and treats!

Chance to win Amtrak
 Downeaster train tickets!

FREE massages
 and Reiki treatments

FREE flu shots

FREE Hearing video-scope screenings

FREE Technology help

FREE Yellow Dot registration

FREE Good Morning Call
 program registration

FREE Volunteer Transportation
 Network (VTN) program registration

Book signings, sales and author
 chats with Write On! Writers

The *People Plus Senior Health Expo*, presented by Spectrum Generations, is a premier event in our community; providing a link to local and regional resources for older adults.

Visit www.peopleplusmaine.org for more information.

- Medical Services
- Fitness and Health
- Technology
- Legal
- Community Services
- Housing/Respite Care
- Financial/Banking
- Insurance

(This Expo preview is accurate as of the date of printing.)





Thank You to our SENIOR HEALTH EXPO Partners and Sponsors!

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