

Plus!

People News

The center that builds community

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P.O. Box 766
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Non-Profit Organization
U.S. Postage PAID
Brunswick, ME 04011
Permit No. 52

35 Union St., Brunswick, ME 04011

729-0757

www.peopleplusmaine.org

April 2013

Volume 13, No. 4

11th Music in April is April 11th

The 11th edition of the People Plus Center's Music in April gala opens April 11, beginning promptly at 5 p.m., in Brunswick's spectacularly transformed Knights of Columbus ballroom.

This annual benefit for the People Plus Center once again features a unique and sumptuous buffet, prepared and shared by some of the area's leading restaurants; two great musical headliners, a live and a silent auction, and other, "surprise activities."

Downeast Energy, for the 11th consecutive season, is our "Fortissimo" or event sponsor.

At press time, 21 area businesses and organizations have signed on to be "Forte" or table sponsors, and another has joined us as a "Mezzo Forte," or activity sponsor.

There are nearly two dozen exceptional area restaurants or food service organizations on the buffet line this season, each offering a specialty hors d'oeuvre, entree, appetizer or dessert, most staffing their tables in person, excited to answer your questions and comments about their businesses. Restaurateur Chris Toole has again coordinated this exceptional collection of delectable tables, along with the ever popular carving station.

The impressive list of auction items once again reflects an amazing and varied list fea-



Members of the Music in April auction selection committee, from left, Judith Long, Alison Harris and O Jeanne d'Arc Mayo, compile lists of items for the April 11 silent and live auctions.

turing more than 100 items. John Bottero of Thomaston Place Galleries will again serve as master of the live auction.

Neil Lamb and David Lawlor, two notable local jazz guitarists,

Big Top Deli
Bowdoin College
Byrne's Irish Pub
Captain Mike's
El Camino/Flipside
Great Impasta
Henry & Marty
Inn at Brunswick
Station

Supporting Restaurants

Lemongrass
Oceanview in
Falmouth
Richard's Restaurant
Riverview Farm Events
Run With Soup
Scarlet Begonias
Trattoria Athena
Wicked Joe Coffee
Wild Duck Pub at
Highland Green
Wild Oats Bakery

headline the music program again this year. They'll be joined by Bowdoin (College) Community Gospel Choir:

Lighting and interior design work by Robyn Allen of Maine Event Design & Decor routinely transform the K of C Hall into

Sponsors

Fortissimo
Downeast Energy

Forte

Ameriprise Financial Services
Atlantic Regional Federal C.U.
Bank of Maine (Brunswick/Topsam)
Bath Savings Institution
Bill Dodge Auto Group
Bowdoin College
Brackett Funeral Home
CHANS
Kathleen Winn, DMD, PA
Edward Jones Investments
Hammond Lumber
Mechanics Savings Banks
Mid Coast Health Services
Mid Coast Sr. Health Services
Midcoast Charitable Trust (MRRRA)
Neighbors Inc.
Primerica Financial Services
Riley Insurance Agency
Spectrum Generations
The Highlands
Thornton Oaks

Mezzo Forte

JHR Development of Maine

an unforgettable ballroom for this evening event.

Last year's sold-out event was attended by more than 250 people and raised nearly \$30,000 for the People Plus Center.

A few individual tickets remained at press time, and still cost only \$50.

Lunch & Connections

Chicken pot pies are April treat

The Thursday, April 18, luncheon will feature, "our variation" of that grand New England favorite, chicken pot pie, according to Frank Connors, the Center's unofficial chef.

"This menu is another side-bar from my column last month about Marjorie Standish," Connors said. "We spent some quality time with her (Marjorie's) cookbooks, and came up with this idea."

"Our pot pies are loaded with chicken thigh and breast meat," he said. "Our goal is to be sure you're tasting chicken with every bite." Veggies added include potatoes, peas and carrots, a little

onion to taste, all topped with a toasted, home-made biscuit.

"Marjorie would approve," Connors added.

There will be a side of spinach casserole available for people with special dietary needs, and a fresh, lightly-dressed green garden salad for everyone. Dessert will be a fresh-baked apple-sauce cake, with a healthy scoop of whipped cream on top. Coffee, tea, milk and fruit juices are on the list of drinks available.

Gladys Szabo reminds us that April is poetry month, and members of the Center's Write On! Group are being invited to create samples of short "Haiku" works to individualize every place setting.

Our monthly Lunch & Connections meals are underwritten by Spectrum Generations, and focus on nutrition, information and variety. A CHANS home health care professional is always on hand in the cafe for free blood pressure checks, and our volunteers are always selling 50/30 raffle tickets.

Come at 11:30 a.m. to get a good seat, and to register for one of our several door prizes. Seating is limited to 60 people, and reservations are necessary. Please call 729-0757 to reserve your place. Cost to members is still only \$5, and nonmembers pay \$7.50. Lunch is served at noon.



Nature guide is author's chat

Nature enthusiasts and authors Kyrill Schabert and Tony Oppersdorff will be at the Center on Wednesday, April 17, at 2 p.m., to present their book, "Best nature sites, Midcoast Maine."

These two friends are avid hikers and naturalists, with a knack for photography and a little adventure. Their book sprang from a desire to share the many "secret places," they have discovered over the years. They report every "site" featured in their guide is located within a 15 minute drive from Maine Route 1, between Brunswick and Belfast.

"There is a place for everyone," Schabert offered as he described the coastal Maine corridor as filled with beauti-

ful, unique and historic places.

In addition to writing many of the natural and historical items themselves,

the pair enlisted the talents of friends, "local authorities, and people we met along the way" to keep the writing fresh and interesting.

This chat has been rescheduled from February, when a storm forced its cancellation.

The book is filled with color photographs, useful maps and descriptions. Copies of the book will be available for purchase at this chat, and both authors will sign books.

Come early for a good seat. Call 729-0757 to let us know you will be attending.



THE GELATO FIASCO

Scoop-a-Thon Fundraiser

April 24, 11 a.m. - 1 p.m.

at the Gelato Fiasco, 74 Maine St., Brunswick

People Plus News

The official monthly newspaper of People Plus, serving residents of the Brunswick/Topsham/Harpswell area. Editorial submissions and advertising queries should be e-mailed to:

frank@peopleplusmaine.org

Questions, comments and written contributions should be sent by the 15th of the month to:

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Pitch in, and stop my gray

So Frank was kind enough to point out to me this afternoon that I have some "new gray hairs" at my temples. There's only 10 or so but I have to admit to myself that maybe this job is turning me gray.

Frank claims he had a complete head of brown hair when he started here a decade ago and we all see how that's turned out ...

Wonder why this is so? Rebecca and Kathy have got programming under control and Frank and Dottie have membership sewn up tight. With Betsy handling the office and Vivian the bills, I really have no reason to be worried.

So what could possibly be giving me gray hairs?

It has been an extraordinarily busy month at the Center. We've been working very hard to create a magical Music in April. The crew of ladies doing it includes O Jeanne d'Arc Mayo, Alison Harris, Ann Frey, Lennie Burke, Corie Washow and Vivian Anna.

The auction is packed with great things to bid on including airplane rides, restaurant vouchers, Red Sox tickets, boat rides and more. Vivian and Alison are working on a fast new check out system that will have people out the door in minutes.

Corie has begun to her "wedding planner" gig getting all the tickets sold and the tables seated and arranged. Don't want to sit Greg Shea next to just any

one ...

And Rebecca and Gladys are already lining up volunteers for loads of jobs including greeters, check-in, check-out, ushers, floaters and set up. If you are interested in volunteering on April 11 we can definitely use the help! Tony at the Big Top dell is feeding all of our volunteers this year — so even the volunteer chow will be fantastic!

I am really looking forward to the event this year. I've got a handsome date, I'm "shopping" in Amy Berube's closet for a knock-out dress and I feel much more comfortable in my role here at the Center than I did a year ago. The evening should be a night to remember that helps this organization do its good works.

And just as soon as Music in April is over — The Gelato Fiasco Scoop-a-thon happens on April 24! Once again The Gelato Fiasco is donating all of its profits over a regular day's sales to the Teen Center. Last year this event brought in \$3,500 for the teens and it was a GREAT time had by all.

NEW THIS YEAR! We are pitting Brunswick versus Topsham/Harpswell this year to see who will bring in the most sales in an hour. So if you live in Brunswick come to The Gelato Fiasco at 1 p.m. and buy lots! And if you live in Harpswell and Topsham come at 2 p.m. to buy even more!

These two hours are traditionally the

From the Executive Director

STACY V. FRIZZLE



slowest of the scoop-a-thon day since kids are still in school. I KNOW that if we rally our seniors we can turn the slowest hours into the busiest! Incidentally these are the two hours that the People Plus staff and board will be scooping out the cold stuff. That's always a treat to see! So come on down to join us!

And lastly — I could use your help. And this is important folks. I have asked for an increase for People Plus from the town of Brunswick in next year's budget allotment and I'm very hopeful that we get it.

Where I need your help is with telling your town councilor that you support this increase and that People Plus and the programs we offer here are VITAL to this community! So please call your town councilor!

Don't know who that is? Or too shy to call? We will have a map at the front desk of all the districts as well as post cards available for you to send to them! I would really appreciate your help with this and will make it as easy as possible for you to send a quick note or an email to your councilor — and maybe next year I won't get so many gray hairs!

Focusing on weight management

BY ANITA HUEY

My first full month at People Plus is coming to completion. I cannot thank the members and staff enough for their warm welcome.

Each month I will write a bit about what I have been doing for the past month, what events have taken place and what is coming in the future.

In the office upstairs we have added some pictures on the walls and flowers in the windows.

The space is looking bright, comfortable and inviting.

Last month I was introduced at the men's breakfast. It was great to meet them and I assured them that you can eat everything in moderation.

I began to have visits in my office for

Mini Meatloaf

Ingredients:

8 ounces 90% lean ground beef
8 ounces 90% lean ground pork
8 ounces lean ground turkey breast
1 large egg, beaten
1/4 cup quick-cooking oats
1/4 cup ketchup
3 Tb. low fat milk
1 small onion chopped
1/8 t ground pepper
1 t/2 t Worcestershire sauce

Preparation:

Preheat oven to 350 degrees. Coat muffin tins with cooking spray. Mix all ingredi-



ents in a large bowl. Form the mixture into 8 balls and place into the prepared muffin tin. Baked in the oven until cooked through (about 35 minutes). Internal temperature should be 160 degrees.

Makes 8 mini meatloaves.

This is a great item to prepare and put the leftovers in the freezer for another meal.

Serving ideas: Serve with roasted potatoes and green beans.

Nutrition information: Per mini meatloaf 165 calories, 8 grams of fat, 17 grams of carbohydrate and 100 milligrams of sodium. Enjoy!

medical nutrition therapy I continue to have a weekly recipe in The People Plus "Peek at the Week."

I will be offering a weight management class on April 3, 10, 17 and 24 from 11 a.m. to noon. If you are looking for a different kind of group program that takes into consideration each individual and tailors a program for you, then this

is for you. We will discuss a nutrition plan, barriers, problem solving, meal planning, dining out and steps for future success. The program will be interactive and the final day we will have some food samples.

Sign up at the front desk. The cost is only \$20 for members. What have you got to lose?

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or you think you can't — you're right."

— Henry Ford, American industrialist (1863-1947).

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Elizabeth's Easter Surprises

BY CHARLOTTE HART

The week before Easter, Holy Week, was frenetic. Meetings, gatherings, preparations, celebrations. One afternoon promised a calm break. Granddaughter Elizabeth was coming to bake Easter cookies. She is 8, old enough to be quite adept at cookie making.

Elizabeth arrived at noon with a new set of Easter cookie cutters. We made eight dozen cut-out cookies — tulips, bunnies, ducks, butterflies, carrots, eggs and chicks — all heavily decorated with blue sugar, yellow sugar, green sugar. I was dreading the clean-up I would have to do after Elizabeth left.

Surprise! "Gram, where are your Brillo pads? I love to scrub cookie sheets 'til they shine. Then I can see my own face."

Liz scrubbed the cookie sheets, the rolling pin, the cake coolers, the kitchen island and the cookie cutters.

"Gram, let's walk over to the farm to see the horses."

"First, I have to sit down for a few minutes. I'll have tea. Then we'll go." Then came another surprise!

"Gram, what are those?"
 "Those what?"
 "Those books on the bottom shelf. With the gold letters.

"Oh! That is the World Book. Those are encyclopedias."

"What's that?"
 "Books of information. People. Places, Things, Events. History. Geography. Countries. Continents."

"I'll look up myself! How does it work?"

"It is all alphabetical. The 5th volume is E."

"Eliz-Eliza-Elizabeth. Queen of England from 1558 'til 1603. Same name as me! What else can I look up? I'll look up horses!"

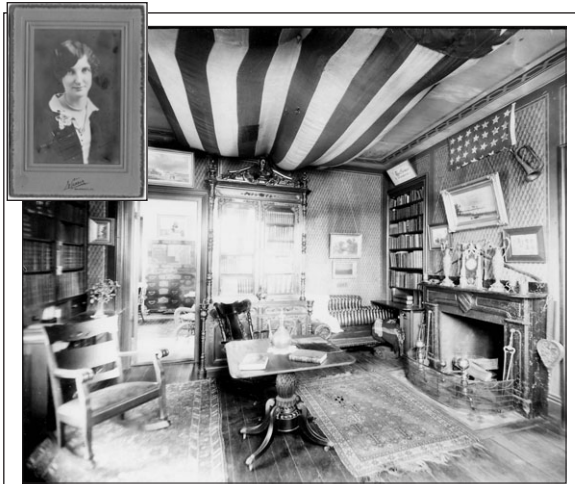
"The H volume is Volume 9."

"Wow! Look at the horses! Pages of pictures! Does it have toilets? I'll look up toilets! How do you spell toilet? What else? Denver! I will look up Denver! When we were in Denver, we went to the Denver Zoo! And the Aquarium! And the Rocky Mountains! Wow! Look at Denver! This is way better than a computer!"

"What did you say?"
 "This is way better than a computer!"
 "Do you use computers a lot in school?"

"All the time! This encyclopedia is way better! And you save power!"

Easter week is much too busy. But slow down. Listen for lovely surprises.



Fondly recalled ...

Last month's Speaking Frankly column about Marjorie Standish struck a chord with our readers. Ruth Peck delivered the picture taken to mark Marjorie's graduation from Brunswick High School in 1931. At top left, and comments by Betty Hanks and Arthur Warren led us to understand that as a "child," Marjorie Holbrook lived in an ell of the Chamberlain house, and used to be invited into the old general's house to "explore." This photograph of Chamberlain's library, above, is offered by the Pejepscot Historical Society, as an image of what she may have seen.

On May 18, to salute National Historic Preservation month, the Chamberlain museum will be open free of charge to residents of Brunswick, Topsham and Harpswell. That same day, the society will offer a special, "Non-Chamberlain, Chamberlain house tour," a day that salutes other notable residents, including Marjorie Standish and Henry Wedsworth Longfellow. **If you have old area photos to share with readers of the People Plus News, please contact Frank Connors at 725-0757**

A Soul's Soliloquy

BY WENONAH STEVENS ABBOTT

Today the journey is ended,
 I've worked out the mandates of fate;
 Naked, alone, undefended,
 I knock at the uttermost gate.
 Behind is life and its longing,
 It's trials, it troubles its sorrows;
 Beyond waits the infinite morning
 Of a day without a tomorrow.
 Go back to dust and decay,
 Body grow weary and old;
 You are worthless to me from today —
 No longer my soul can you hold.

I lay you down gladly forever

For a life that is better than this;
 I go where partings ne'er sever
 You into oblivion's abyss.

Lo, the gate swings wide at my knocking,
 Across endless reaches I see
 Lost friends with laughter come flocking
 To a glad welcome to me.

Farewell, the maze has been threaded,
 This is the ending of strife;
 Say not that death should be dreaded —
 'tis but the beginning of life.

(Offered by Tana Catlin as a tribute to her grandmother Trudy Catlin)

Thoughts are clouds

BY RALPH LAUGHLIN

Thoughts are clouds
 of our emotions, of our feelings.
 Sometimes light, joyous, exhilarating,
 other times dark, dank, foreboding.

Sometimes soaring to the heavens,

other times burrowing under our skin.

Ever moving, ever evolving.
 Rushing in and fading out.

Prime movers of change within and without.

Accelerators, or retardants,
 In our lives, our times, our world.
 What do you think?

Our Church

BY ADELAIDE GUERNELLI

The best church is our peaceful soul, where we pray with a happy tranquility, and God gives us a signal that he is also happy. The church is a poem of peace, and it can create love, respect and reconciliation also in our hearts, so that we can have respect from everyone, beginning with our families. It will also protect us from unnecessary wars, while we may be able still to help other countries that are kind with the U.S.A.!

Our hearts are also simple churches, that teach us what is necessary to practice, in order to live with the respect of all mankind. Have you heard of the, "diary of the pain," that can cut our bodies in pieces, without really destroying them? A song I heard in Maine says that we are going to catch a cold from the ice inside our souls. So we must be kind to everyone, and very close to God, because our hearts and souls must learn to obey him with easy prayers and generous acts!

Ode to a Husband

BY RALPH LAUGHLIN

When all the children have come and gone
 one child stays on
 Master of the house, lord of the land
 always reaching out
 to his wife's reassuring hand.

Weekly Winners

Sr. Intermediate Cribbage

Feb. 20: Nancy Laffely & Richard Tomko, 726 (tied, perfect score); Cecil Eldredge, 709; Patricia Johnson, 702; Colleen Petrin, 691; Lois Fournier, 686.

Feb. 27: Cecil Eldredge, 726 (perfect score); Lorraine LaRoche, 710; Timothy Owens, 706; Germain LaRoche & Mike Linkovich; 703 (tied).

March 6: Richard LaPointe, 726 (perfect score); Cecil Eldredge, 713; Virginia Zimmerman, 707; Richard Tomko, 703; Germain LaRoche, 689.

March 13: Patricia Johnson, 706; Pamela Frampton, 698; Anita Owens, 693; Virginia Zimmerman, 690; Virginia Linkovich, 689.

March 20: Robert Frost, 722; Andrew DeBiasio, 720; Vir-

ginia Zimmerman, 719.

Monday-Saturday Bridge

Feb. 18: Cecil Eldredge, Gladys Totten, Martha Cushing.

Feb. 23: Bill Buermeyer, Cecil Eldredge, Martha Cushing.

Feb. 25: Bill Buermeyer, Virginia Dornhoff, (tied) Bill Washington and Gladys Totten.

March 2: Lorraine LaRoche, Virginia Dornhoff, Lorraine Muller.

March 4: Dick Brautigam, Lorraine LaRoche, Bill Buermeyer, Virginia Dornhoff.

March 9: Lorraine LaRoche, Cecil Eldredge, Mary Lou Cobb, Sherry Watson.

March 11: David Bracy, Marian Schneider, Cecil Eldredge.

March 16: Martha Cushing, Lorraine Muller, Lorraine LaRoche, Gladys Totten.

'Got Roots,' returns to library

"Got Roots," the free get-together for genealogy enthusiasts, has returned to the Curtis Memorial Library.

Presented by Brian Bouchard, president of the Pejepscot Genealogical Society, this intermediate series of workshops is scheduled for Tuesday evenings from 6:30-7:30 p.m., April 2 to 23. Preregistration is not required.

Maximizing your Census research is the subject of the April 2 meeting in the library's Morrell Meeting room; the April 9 meeting will deal with newspaper research.

Tips for a successful genealogy trip are shared on April 16. The series ends on April 23 with an explanation of how to Google your family tree.

For more information you can call Brian at 729-4088.

Genealogists to meet

Pejepscot Genealogy Society will meet April 14 for a program presented by Thomas C. Bennett, director of Prince Memorial Library in Cumberland, titled "Give Us Your Poor and Indigent."

The 2 p.m. meeting will be at the Curtis Memorial Library, Brunswick. The group will experience the fruits of Bennett's labor in researching the town of Cumberland's Overseers of the Poor Archives Project.

For more information, call John at 833-5430, Brian at 729-4098 or Marie at 833-7371.



Tips to prevent falls

Karen Krzywska, MSPT, led a discussion on preventing falls on March 13. On April 3, she and a team from Head to Toe Physical Therapy will provide screenings testing balance and preventing falls.

Ballroom dance series planned

Do you enjoy music and dancing? Interested in learning a new challenge? We suggest ballroom dancing and social dance lessons as a new and wonderful way to have fun, meet new friends and enjoy low-impact exercise. The Basics of Ballroom Dance, opening Tuesday evenings in May, might be just what you are looking for.

Instructor Elizabeth Haskell is DVIDA certified, and her Basic of Ballroom Dance will cover the basic steps, patterns and music styles, ranging from East Coast swing and merengue, to

mambo, and more. She adapts the basic footwork into a curriculum that is better understood by beginning dancers.

First class is Tuesday, May 7, from 7 to 8 p.m., and will continue through May.

Attendees must register in advance. Cost for four classes will be \$45 for People Plus members, \$65 for nonmembers. There is a discounted rate of \$80 for couples, if both are members of People Plus, \$120 for nonmembers. For more information, call to register. Contact the Center at 729-0757.

Medication collections slated

The spring collection of unused, unwanted and outdated household pills, ointments, drops and other medications is scheduled for Saturday, April 27, from 10 a.m.-2 p.m., at five sites in the region.

Medications can be surrendered at the McLellan Building, 85 Union St., Brunswick; the Harpswell Town offices at 263 Mountain Road; the Topsham Municipal Facility at 100 Main St.; the West Bath fire department at

192 State Road; and the Richmond Senior Center, 314 Front St.

The collections are intended to keep unneeded medications out of the environment, and to prevent the dangers of unintended use or abuse. The project is a collaboration of state and federal drug enforcement agencies, TRIAD, CHANS Home Health Care, Communities Against Substance Abuse, Sagadahoc EMA and the Davenport Trust Fund.

Spring shopping tour set

Shop at the South Portland Christmas Tree Shop and have lunch at the Hometown Buffet when you join the first spring shopping trip, scheduled for Tuesday, April 9. The bus leaves The Bath Area Senior Citizens Center at 9 a.m., and picks up at the Topsham Park and Ride, in front of the Home Depot, at 9:15 a.m.

Cost of the trip is only \$6 for members of People Plus or the Bath Center, and \$8 for nonmembers. Cost of your lunch is not included in this trip.

For more information or to register, call the Bath center at 443-4937.

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'First' train to Boston!

All Aboard! There are still a few seats available on the first "Seniors Only" trip to Boston, on the Amtrak Downeaster, on Tuesday, April 23.

The train leaves Brunswick, "promptly" at 7:05 a.m., and arrives in Boston at North Station at 10:30 a.m. Plan to spend the day in Boston, visiting Faneuil Hall, eating lunch at Quincy Market or plan your shopping day around a return trip that heads north and east at 5 p.m., returning to Brunswick at 8:20 p.m.

Cost round trip is only \$30 for mem-

bers of People Plus, The Bath Area Senior Citizens Center, and the Merymeters of Topsham. Cost to nonmembers is \$34.

Because this is a special group rate for seniors, riders are encouraged to check in with trip leader Frank Connors, on the ramp, about a half hour before boarding in Brunswick and again in Boston.

Long-term parking for your vehicles is available beside Brooks Feed and Farm store off Union Street in Brunswick.

All about April at People Plus

Computer Tutor with Jack Hudson

—"The ABCs of Microsoft Word!" Tuesday and Thursday, April 2 and 4, at 11 a.m.

—"Online Shopping—Amazon, Ebay, Paypal and More!" Tuesday and Thursday, April 16 and 18 at 11 a.m.

Class participants should have a basic knowledge of computers and may bring their own laptops.

These classes are free and open only to People Plus members. There is a maximum of 12 people per class.

Please register by calling People Plus at 729-0757. Advance registration is required. Please note, these are two-day classes; plan on attending both days.

Apple Club

A group of 1 users sharing information, April 8 and April 22 at 11 a.m.

Would you like to learn more about your iPhone/iPad/iTouch? Would you like to know how the many apps you have heard about can help enhance and organize your life!

This group will meet on the second and fourth Monday of each month to share knowledge, ask questions and find answers to the wonderful world of i devices! No experience necessary. For members only.

Please preregister by calling 729-0757.

Welcome to Medicare with Spectrum Generations

Tuesday, April 9, at 12:30 p.m.

Have you or someone you know tried to wade through the Medicare insurance system and found it confusing? Do you just wish there was someone who could help you make sense of all the information you see and hear about Medicare? Do you have questions you just can't seem to find an answer to? Then this might be the session for you! This session is designed to provide you with knowledge about Medicare and its many "Parts" so that you can make an informed decision about health care coverage. This is where you can find the answers to basic questions about Medicare.

This will be a regular workshop, meeting on the second Tuesday of each month from 12:30-2 p.m. at People Plus. Please register in advance by calling the Center at 729-0757.

Balance and falls clinic

Wednesday, April 3, from 2:30-3 p.m. Sign up in advance for a 15-minute session.

The balance and falls clinic will provide screenings that comprise a series of five stations testing balance and risk of

suffering from a fall.

Physical Therapists will be able to answer any questions you may have about balance or anything else that may be bothering you. If walking or balance is a concern, this is a must-attend event. There will be lots of helpful information to take home.

Please register for a 15-minute slot between 2:30-3 p.m. by calling the Center at 729-0757. For members only.

Head to Toe Physical Therapy is a locally owned and operated outpatient PT clinic with locations in Topsham and Lewiston. They only staff licensed physical therapists (no aides) to ensure you get the best quality treatment possible. They have been in business since 2006 and specialize in manual and aquatic therapy.

At Head to Toe Physical Therapy they "treat the individual, not just the injury," which has proven time and again to be the key to wellness.

ABCs of an eReader

Tuesday, April 9, at 1:30 p.m.

Did you recently purchase or receive an eReader or another portable electronic device that allows you to read ebooks (electronic books)? Would you like to use your library card to borrow ebooks from the library and download them to your eReader, tablet, iPad or smart phone?

Borrowing can be confusing because different models (Sony, Nook, old Kindles, tablets, iPads) have different requirements. Join Curtis Memorial Library staff on Tuesday, April 9, at 1:30 p.m. at the People Plus Center in Brunswick to learn more. We will demonstrate the process and provide cheat sheets to help you learn what you need to do to borrow ebooks from the Maine Infonet Download Library <http://download.maineinfonet.org>.

The class is free. For more information, call the reference desk at 725-5242 x 510 or email refdesk@curtislibrary.com.

To register, call 729-0757.

People are welcome to drop by the reference desk at Curtis Library any time the library is open for additional assistance. Bring your library card and your eReader. If you have a Nook or Kobo eReader, you also need a transfer cable. We suggest that you charge your eReader in advance.

Cooking For One with Claudia Adams

Thursday, April 25, from 1:30 p.m. Join us for a fun, informative session where we'll learn how to economically and creatively shop and cook for one. We'll share many helpful suggestions and prepare an easy, nutritious healthy meal.

Please register in advance for this session by contacting the Center at 729-0757. For members only.

Bird feeder alert!

In order to minimize the risk of diseases at your wild bird feeding stations, be sure to regularly clean up accumulated shells and waste under your feeders. As the snow melts and exposes a winter's worth of junk, the wet, rotting piles become a potential for diseases to spread.

APRIL 2013 at PEOPLE PLUS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 AM Crafters 9:00 AM Loosen UP! 10:00 AM Yoga 11:00 AM Table Tennis 11:00 AM Chair yoga 12:00 PM Bridge 6:00 PM Belly dancing	8:30 AM AARP Tax Help 9:00 AM Table Tennis 10:00 AM Art I 10:30 AM Table Tennis practice 11:00 AM Computer Tutor 1:00 PM Quilting Club 3:00 PM Alzheimer's meeting	8:30 AM WOMEN'S BREAKFAST 8:45 AM Inter. Cribbage 9:00 AM Loosen UP! 10:00 AM Table Tennis 11:00 AM Weight management 12:30 PM Advanced Tai Chi 1:00 PM Writer's Group 2:00 PM Balance and Falls 3:30 PM Teens First	9:00 AM Table Tennis 10:00 AM Art II 11:00 AM Computer Tutor 9:00 AM Loosen UP! 1:00 PM AARP Tax Help 2:00 PM Midwest talks 5:00 PM Yoga 6:00 PM Beg. line dancing 6:00 PM Course in Miracles 7:15 PM Adv. line dancing	9:00 AM Loosen UP! 10:00 AM Table Tennis 12:30 PM Beginning Tai Chi 1:30 PM Oigong	10:00 AM Bridge 3:00 PM SAT Prep Course
9:00 AM Crafters 9:00 AM Loosen UP! 10:00 AM Yoga 11:00 AM Apple Club 11:00 AM Table Tennis 11:00 AM Chair yoga 12:00 PM Bridge 6:00 PM Belly dancing	8:30 AM AARP Tax Help 9:00 AM Table Tennis 9:15 AM Shopping trip 10:00 AM Art I 10:30 AM Table Tennis practice 11:30 AM LUNCH OUT 12:30 PM Welcome to Medicare 1:30 PM ABCs of eReaders	8:00 AM MEN'S BREAKFAST 8:45 AM Inter. Cribbage 9:00 AM Loosen UP! 10:00 AM Table Tennis 11:00 AM Weight management 12:30 PM Advanced Tai Chi 1:00 PM Writer's Group 3:30 PM Teens First	9:00 AM Table Tennis 10:00 AM Art II 1:00 PM AARP Tax Help 2:00 PM Midwest talks 5:00 PM Yoga 6:00 PM Beg. line dancing 6:00 PM Course in Miracles 7:15 PM Adv. line dancing MUSIC IN APRIL 5-9 p.m. at Knights of Columbus	9:00 AM Loosen UP! 10:00 AM Table Tennis 12:30 PM Beginning Tai Chi 1:30 PM Oigong 6:30 PM Folk Dance Brunswick	10:00 AM Bridge
15 Patriot's Day Center will be closed.					
9:00 AM Loosen UP! 9:00 AM Crafters 10:00 AM Yoga 11:00 AM Apple Club 11:00 AM Chair yoga 11:00 AM Table Tennis 12:00 PM Bridge 6:00 PM Belly dancing 6:30 PM Civil War Book Club	6:45 AM Train to Boston 9:00 AM Table Tennis 10:00 AM Art I 10:30 AM Table Tennis practice 11:00 AM Computer Tutor 1:00 PM Quilting Club	8:45 AM Inter. Cribbage 9:00 AM Loosen UP! 10:00 AM Table Tennis 11:00 AM Weight management 12:30 PM Advanced Tai Chi 1:00 PM Writer's Group 2:00 PM Author's Chat 3:30 PM Teens First 6:30 PM Colette Travel talk	9:00 AM Table Tennis 10:00 AM Art II 1:00 PM Cooking for One 2:00 PM Midwest talks 5:00 PM Yoga 6:00 PM Beg. line dancing 6:00 PM Course in Miracles 7:15 PM Adv. line dancing	9:00 AM Loosen UP! 9:00 AM Poetry in your Pocket 10:00 AM Table Tennis 12:30 PM Beginning Tai Chi 1:30 PM Oigong 6:30 PM Folk Dance Brunswick	8:30 AM Comcast Cares Day 10:00 AM Bridge 3:00 PM SAT Test Prep
9:00 AM Crafters 9:00 AM Loosen UP! 10:00 AM Yoga 11:00 AM Chair yoga 11:00 AM Table Tennis 12:00 PM Bridge 6:00 PM Belly dancing	9:00 AM Table Tennis 10:00 AM Art I 10:30 AM Table Tennis practice	PEOPLE PLUS NEWS & VIEWS FEATURING STACY & FRANK CHATTING ABOUT MUSIC IN APRIL Viewed weekly on Cable Channel 3, Brunswick Community TV MONDAY AFTERNOON 4 P.M. WEDNESDAY MORNING 7 A.M. SUNDAY EVENING 9 P.M. And on Harspswell Community Television viewed online, anytime! http://vimeo.com/harpstvw			

Teen Center

Open Monday, Tuesday and Thursday
2:30-5:30 PM
 The Teen Center will be closed the week of April 15.

Comcast Cares returning to Center

On Saturday, April 27, from 8:30 a.m. until noon, more than 50 local Comcast employees and their families and friends plan to volunteer at the Center, and "put a NEW spring face" on buildings and grounds. The Center to-do list includes: Cleaning windows, sweeping and raking yard and parking areas, re-seeding, mulching, cleaning the basement and "organizing" the kitchen.

Since its inception in 2001, Comcast Cares Day has become one of the largest single days of corporate volunteering in the country. More than 67,000 Comcast volunteers will participate nationally in this annual day of service.

We invite all people interested in volunteering to join us for a fun-filled morning of community service. Refreshments will be available. For more information or to join the team, contact Rebecca Banks at 729-0757.

Rotary's 'Hometown Idol' to feature Brunswick's McCausland

Steve McCausland, the voice of public safety for the state of Maine, will take on a new role as master of ceremonies for the Brunswick Rotary Club's "Hometown Idol" on April 27 at the Orion Performance Center in Topsham. Steve is a longtime resident of Brunswick and has been active in the community and is a past member of the Brunswick Rotary Club.

Talented community members are encouraged to compete for prizes in the categories of voice, instrumental and dance and in three age categories, Youth, Teen and Adult. Applications are available at the Brunswick, Topsham and Harspswell schools, Shaw's at Cook's Corner and Riley Insurance, 139 Maine St., Brunswick, as well as by following the links on the Brunswick Rotary website, brunswickmainerotary.org. Appli-

cations are due by April 15.

Judges will be actress and singer Lynne McGhee, Maine State Music Theatre's Curt Dale Clark and singer/songwriter and guitarist Dianna Hansen. The audience will vote for the top prize winner to be named "Hometown Idol."

Proceeds from ticket sales will benefit the Brunswick Rotary Club Scholarship Fund which benefits high school seniors headed to college.

Reiki treatments are given at the Center.



Call 729-0757 for appointments

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'To the minute' list of auction items

EXCURSIONS, DAY TRIPS & OVERNIGHTS

DAY SAIL in Casco Bay on the "Hattie Jackson," a 28' C&C sloop with David & Margo Knight, gourmet lunch, and optional tours of Eagle Island with Admiral Peary's home or Jewell Island and its 7-story World War II tower providing fabulous views.

GUIDED TOUR of the night skies with Rob Burgess & other members of the Southern Maine Astronomers, wine & cheese party for 8 to 12, at Starburst Meadows Observatory in Brunswick or at location of your choosing.

CANOE TOUR of the mighty Cathance River with Frank Connors, 3-4 hours launching from Bowdoinham Town Landing, lunch of Amato's sandwich and soda, limited to 1 non-paddler or 2 persons if one paddles.

3 HOUR BOAT RIDE for 4 people on "Thistle," a 26-foot Wasque wooden cruising-style motor boat, with owners Rob & Amy Kerr, includes picnic lunch of Stacy Frizzle's legendary "sammych" with cold beverages and desserts.

MOOSEHEAD LAKE 4 day "long" weekend, Camp Chenango, sleeps 6, beach, boat, launch, sailboats, canoes, kayaks, generally available June 1-Oct. 15, 2013.

TWO-HOUR AIRPLANE RIDE (or two one-hour rides), scenic or business, for up to 3 passengers in a Cessna SR-20 flown by pilot Jeff Kelly. Weight restrictions apply and passengers must be able to climb up onto wing to enter plane.

ONE NIGHT'S LODGING and breakfast for 2 at the Clarion Hotel in Portland.

MAINE MARITIME MUSEUM, 4 free admission passes, good through Nov. 30.

MAINE EASTERN RAILROAD, 2 coach seats for round-trip travel between Brunswick and Rockland during 2013 season (June 26 into October).

SAGADAHOC PRESERVATION INC. package: one-year family membership, 1 ticket for 11th Annual House & Garden tour Christ-mas ornament of Winter Street Center, and Activity & Coloring book.

ARTS, CRAFTS & LITERATURE

PAIR OF TWIN-SIZE QUILTS, red, white & blue, handcrafted by the People Plus Tues-day Quilters.

DONEGAL TWEED WOOL YARN, 7 skeins, dark green, enough for a "large-ish" sweater, with knitting instructions for for re-down pullover size medium-large, in carrying basket.

ORIGINAL GRAPHITE PENCIL drawing, framed, original location of People Plus in the former St. Charles Catholic Church on Noble Street, 11 1/2" x 9 1/2" (framed), by artist Consuelo G. Bailey.

WOODEN FLAGGED BOWL, maple, coated with water lock and food-safe, 11" x 2", handturned & signed by Bob Blette.

FRAMED PRINT, "Porchlight," artist's proof signed by artist John Gable, 18" x 12" image, 25" x 20" framed, with mat & frame donated by Gallery Framing.

MIXED MEDIA COLLAGE, "Eric and Paul: an Homage to Carle and Klee," inspired by the work of Eric Carle and Paul Klee, by artist Judith Long, 11" x 11" image, framed to 16" x 16" with "The Very Hungry Caterpillar" by Eric Carle.

FRAMED COLOR MONOTYPE, "Roots," by artist Dorothy Schwartz, unique print based

on a photograph from her family's archives, with mat & frame donated by The Picture Framer.

ORIGINAL STAINED GLASS panels, "Chickadee," set in antique window frame, crafted by Vivian Anna.

WOODEN BOWLS, Bowdoin sugar maple & plum, various sizes, handturned & signed by Bob Morelli.

"BEACH BOY" collection by artist Karl Salla: limited edition giclée print signed by the artist (14" x 18" matted), decorative box & notecards.

QUILTED TABLE RUNNER in a Seminole pattern, blue & yellow, 56" x 18", machine-stitched, crafted by Beverly LaPointe.

HAND-CRAFTED PRIMITIVE GESSOED DOLL, "Reuben," crafted by Deb Fitts of Have a Fitts!

HAND-STITCHED PENNY RUG, "For the Bees," crafted by Deb Fitts of Have a Fitts.

LITHOGRAPH PRINT, "Red Poppies" — Mogan Island, "limited edition, signed by artist Sylvia Dyer, 17" x 13".

LITHOGRAPH PRINT, "Summer Garden" — Sebascos Estates, "limited edition, signed by artist Sylvia Dyer, 24" x 14".

6 NOTECARDS with scenes of Maine by artist Frances Pratt Caswell.

WINE BOTTLE LUMINARY with winter snowman scene, handcrafted by Sharon Dodge.

ASSORTED PHOTO NOTECARDS in vinyl lid-de boxes by photographer Gal Ripa of Gala Creations.

COILED COTTON BASKET, turquoise, yellow & green, 8" diameter x 3 1/2" high, hand-made by J. Burg/Creations in Cloth.

"MARILYN," a Funky Fyfe assemblage of Maine driftwood, complete with beauty mark, 16" long, created by Jeff Banfield.

BABY QUILT, purified hexagon squares, 41" x 32", handmade by Shirley Bello.

ASSORTED WOOD-BLOCK PRINT notecards by artist Susan Levine.

GICLEE PRINT, "A New Day," by artist Caryn Harris, 5" x 5" image, framed to 11" x 11".

MUSES AND MEMORIES and "From Maine and Away," anthologies of prose and poetry by the Write On! Group of People Plus.

CLOTHING & JEWELRY

GIFT CERTIFICATE for \$50 from House of Logan.

SILVER CHAIN (18") with lobster claw charm.

FLEECE-LINED MITTEN, size medium, handcrafted by Jeanne A. Dube of JADelements from recycled 100% wool sweaters.

KNITTED HATS, for mother & child, dark red with button trim, handmade by Bridgette Brewer.

PAIR OF KUMIHIMO braided wrapped bracelets, red & black + blue, tan & white.

BRONZE BEADED expandable bracelet.

ALPHABET bead choker.

BLUE KNITTED SCARF with beads.

J. HILL RIBBED SWEATER, black, short-sleeve, 100% cotton, size medium.

COOL AS A MOOSE, "a collection of fun stuff."

FLOATING PEARL NECKLACE, red & char-true.

2 PAIR OF SCANDINAVIAN MITTENS, women's in lavender & white, men's in grey & white, handknit by Elaine Eschholz.



DELECTABLE EDIBLES

TRADITIONAL NEW ENGLAND clam bake for 20 on mutually agreed-upon date at the home of Frank & Jane Connors in Brunswick: lobsters, clams, corn on the cob, eggs, hot dogs, roast chicken, salads (green & pasta), blueberry cake & coffee.

JANE'S FRUIT PIES — 6 homemade deep-dish fruit pies, tenderly crafted by Jane "that pie lady," good any time, best on a holiday.

HORS D'OEUVRE TRAY for party of 10 by One Elegant Catering, make selections from list of appetizers; winner to arrange pick-up.

GOURMET CHINESE MEAL for 6, prepared in your home by Mike Feldman, menu to be developed with the chef from extensive list of over 50 Chinese delicacies, including Szechuan dishes from Chengdu region and less-spicy Cantonese dishes.

BREAKFAST BASKET from Tess' Market: Peach Blini organic mix, Prosecco, Vermont maple syrup, Ployes pancake mix, wild blueberry jam and fudge.

GIFT BASKET of homemade and homegrown foods from Patchwork Gardens: 7 jars of George's jams & pickles and 4 colorful potholders handcrafted by Sue.

GIFT BASKET with cheese, crackers, chocolates, tea and other goodies.

"HEAVEN ON EARTH," triple chocolate cheesecake, 10" (feeds 12-15) by Susie Sharp — gorgeous & delicious! Made to order with 2 weeks notice, good until April 11, 2014. Call or e-mail Susie to make arrangements.

HOME-BAKED PIE from Amanda Similien of Maine State Events, winning bidder to select kind of pie and make arrangements for pick-up, good until April 11, 2014.

\$50 GIFT CERTIFICATE from Lemongrass, a Vietnamese restaurant.

\$100 GIFT CERTIFICATE from Trattoria Athena.

SOLO BISTRO \$25 gift certificate.

FAT BOY DRIVE-IN \$50 gift certificates.

MICHAEL'S MARKET \$30 gift certificate.

TRADITIONAL FRENCH-CANADIAN MEAT PIES (Tourtière), 9", ground pork, a little potatoes, onions, and spices in a flaky crust, handcrafted by Madeleine Ashe.

CHOCOLATE PEANUT BUTTER FUDGE, 2 pounds, homemade by Merrill Tombrink.

MORNING GLORY Natural Foods tote bag filled with specialty foods and other items.

BASKET OF HOMEMADE BREADS & low-sugar jams from Glacier Farms.

DECORATIVE SOUP tureen & ladles with 1 quart of soup & week for a month prepared by Charlotte Tuplin at Run with Soup and delivered to you.

2 SMALL LOBSTER ROLLS from Libby's Market, with a Gevalia picnic backpack with thermos.

HOME & GARDEN

LAMP OR STATUE TABLE with Chilton Furniture, cherry, natural finish, with drawer & low shelf, 12"x12"x30" tall.

SNOWMAN watering can.

PORTUGUESE CHOWDER set with platter & 4 large bowls.

GLASS CORNER SHELF with metal bracket (12" x 12").

GIFT CERTIFICATE for \$100 from Skillins Greenhouses.

GIFT CERTIFICATE for \$25 from Ornament Furniture, Decoratives, Garden Accessories & Gifts.

KEURIG K-CUP single cup brewing system, in original box.

6 BONE-HANDLED, steak knives from Sheffield, England for Strawbridge & Clothier.

7 ROYAL COPENHAGEN decorative plates, 7", blue & white, for years 1962, 1964, 1966, 1968, 1971, 1972 & 1974.

9 GRINDLEY (England) Creampetal plates, Lambert 1", 9", floral bouquet with blue & gold edge.

TABLE LAMP, contemporary style, black nickel & glass, 29" tall, with outlet in base to charge electronics.

SUNBEAM heated blanket, twin size, new in package, light blue, 100% polyester, machine wash & dry, 5-year warranty.

CHIROFLOW professional premium water-base pillow.

BASKET OF CANDLELIGHT: mirrored tea candle holder, dark green candlestick, pair of 2" glass cube candle holders, and 4 scented glass candle holders.

STARBUCKS GIFT BAG with 2 ceramic mugs, set of stackable ceramic bowls, pound of "Casi Cielo" coffee beans.

ALL-CLAD CLADDER, stainless steel, 5-quart and kitchen towel.

GARDENING BASKET: ergonomic trowel & weeder, "Gardening for a Lifetime" book, bamboo gloves, easy-grow herb balls, seeds.

Please see ITEMS, Page 7

PLACE YOUR BIDS!

Can't make the event? Now, people NOT attending our Music In April gala may bid on live and silent auction items.

LIST ITEM(S) _____ **Your Bid** _____

_____ \$ _____

_____ \$ _____

Name: _____ Phone _____

Address: _____

Mail or deliver this form (no money now), to: People Plus Center, ATTN: Frank Connors, 35 Union St., Brunswick, ME 04011

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ITEMS

From Page 6

AZALEA OR RHODODENDRON from York's Hardy Rhododendrons
AGREN APPLIANCE & Television gift certificate for \$50
SPECIALTY TREE SERVICES by WellFree, gift certificate for \$100
CHRISTMAS TREE COOKIE JAR with a dozen cookies baked by Mary "the cookie lady" Biette
KITCHEN BASKET: 2 silicone baking sheets (15" x 11"), wooden mortar & pestle with 4 spoons, toast rack, 4 animal cookie cutters, 1-to-10 cookie cutters, 6 flour sack towels, decorative "Bistro" box, fish-shaped teabag holder
CUT GLASS VASE, 6-1/2" tall and bud vase, 11" tall with Pauline's Bloomers gift certificate for \$15

MOVIES & VIDEOS

5 RENTAL PASS from Bart & Greg's DVD Explosion! with 3 Domino's Pizza gift certificates: one large specialty pizza, one large pizza with one topping & one large pizza with any topping
4 EVENINGSTAR CINEMA movie passes with Asian Garden gift certificate for \$20
2 MOVIE PASSES with 2 red "Here Comes the BOOM!" t-shirts (size large) with Captain Mike's gift certificate for \$25

OTHER CHOICE OFFERINGS

BOWDOIN POLAR BEAR puzzle (with solution!) and "Bad Boys of the Arctic" card with photo by Thomas D. Mangelsen
EDDIE BAUER rolling duffel bag, new, brown, extra-large (36"x16"x16")
\$50 GIFT CERTIFICATE from Chicks do Chores, for cleaning, painting, mowing, errands ... just ask
"MYFI" — AT&T Mobile Hotspot, Elevate 4G, take to AT&T store to activate
GIFT BASKET from Sweet Dreams: stuffed animals (two bears and a bunny), travel candle, pot pourri, incense, Keepsake Treasure with frame

TARGET gift card for \$50
2 HOURS OF SPRING CLEANING or home organization to be used together on a single date
MEIKEE CAR CARE CENTER gift certificate for \$70
WHEEL ALIGNMENT & nitrogen inflation at Tire Warehouse
IPOD WITH CDK connector, 20 GB, for Mac or Windows, audio only, in original sealed carton
WAL-MART \$100 gift certificate
FRONT-END ALIGNMENT and oil change from Bodwell Motors
GENTLEMAN'S BASKET: leather travel slipper (men's size 10), lobster-print necktie, bowtie & pocket square set, pair of woaden tie hangers, folding tie hanger
GRANDPARENTS' JOURNAL & "His & Hers" photo album with ribbon tie with Before & After Photo Restoration gift certificate for \$25
PHOTO FRAME with songbird and bisque bird
BATH DUO — Galley Restaurant gift certificate for \$20 and Remy's gift card for \$10
2 T-SHIRTS (large & medium) from Little Dog Coffee Shop with a \$25 gift certificate

PAMPER YOURSELF

GIFT CERTIFICATE for \$25 haircut from Marie Demarest at Head-Quarters Styling Salon
GIFT CERTIFICATE for \$45 from Lili at Nail World + Tanning
ORAL B electric toothbrush, Precision 5000, professional grade, with toothpaste, floss & mouthwash
USANA gift basket with vitamins, chocolate whey nutmeal, nutrition bars, vitamins & supplements, and 2 REY-3 cans & packets, with a blender bottle.
45-MINUTE MASSAGE with Melissa Nadeau at Brunswick Massage & Wellness
GIFT CERTIFICATE for \$30 from Looking Glass Hairstyling
40-MINUTE body/mind reboot breakthrough session with Melinda R. Baxter of Pathways to Health



LADIES' PAMPERING: at Headquarters Styling Salon \$20 manicure with Barni Lilly & \$23 blow-dry by Joyce Kinney, plus half-hour massage with Linda Morse at Serene Healing Arts
SPA BASKET: Pink pillar candle, petal scene, 8-1/2" x 4", thermal socks, aloe moisture gloves, bubble bath, hand cream, lemon verbena soap, foot cream & body cream
LADIES PAMPERING: Classic facial treatment with Laine Laliberte at Anew Studio and a Margarita's Hair Styles \$50 gift certificate

SPORTS & SPORTING EVENTS

2 RED SOX vs. Kansas City Royals tickets, Sunday, April 21, at 1:30, Section 16, Row 4, Seats 5 & 6 — right behind the Red Sox batter's box, underneath the grandstand with 2 round-trip vouchers on the Downeaster between any two stations served
6 RED SOX vs. Arizona Diamondbacks tickets for Saturday, Aug. 3, at 7:10 p.m., in the bleachers by the "Green Wall," Section 36, Row 7, with a Red Sox t-shirt
3 MONTH MEMBERSHIP at Bath Area Family YMCA
SPARE TIME BOWLING passes for 3 games for up to 4 people with family pizza meal: large pizza, plus chips & soda from Warmings Market
B & BI — Bowling & Bootleggers — Spare Time bowling passes for 3 games for up to 4 people with Bootleggers gift certificate for \$25
SPARE TIME bowling passes for 3

games for up to 4 people with China Rose gift certificate for \$20
SPARE TIME bowling passes for 3 games for up to 4 people with Cameron's Lobster House gift certificate for \$20
PORTLAND SEA DOGS vs. New Hampshire Fisher Cats tickets, 4 for Thursday, May 23, at 11 a.m., Section 103, Row J with 4 frosted glasses and an insulated, zippered bag

THEATER & CONCERTS

MAINE STATE MUSIC THEATRE, 2013 season subscriptions for 4 performances on first Fridays or Saturdays at 7:30 p.m. with: \$25 gift certificate, good for Byrnes' Irish Pub or Admiral Steakhouse; \$50 gift certificate for The Great Impasta
2 TICKETS to any Portland Symphony Orchestra Tuesday Classical, Sunday Classical or PSO POPSI! Concert during 2013-2014

season. Must be redeemed before May 7, 2014.
2 MAINSTAGE TICKETS for the Portland Stage Company 2013-2014 season, excluding the final week of any show, good through June 2014
MIDCOAST SYMPHONY ORCHESTRA with Eva Gruesser, violin soloist, 4 tickets, Orion Performing Arts Center, Topsham, on Sunday, May 19, at 2:30 p.m. with 99 Restaurant gift certificate for \$25
2 TICKETS to any performance at The Public Theatre in Lewiston, good for remainder of this season or for 2013-2014 season, plus gift certificate for \$25 at Fishbones American Grill
2 TICKETS to Theater at Monmouth 2013 summer season, with The Seedgeley Place gift certificate for \$50
2 TICKETS to the Bowdoin International Music Festival's 2013 summer season, with a Captain Mike's gift certificate for \$50

Welcome Spring with a Taste of The Highlands

Indulge in a sampling of delicious dishes prepared by our own culinary team of chefs. Featuring:

- Blackstone Grille
- Holden Frost House Distinctive Dining
- Highland Green's Wild Duck Pub

While you're here, you will also be able to tour our featured Historic Retirement model homes and learn more about the retirement lifestyle offered at The Highlands.

Wednesday, April 24th
 12:00 pm - 2:00 pm
 Holden Frost House
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RSVP by April 19th to save your seat!
 Call us at (207) 725-2650
 Or email us info@highlandsrc.com





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 a grandfather
 with heart
 disease,

 and the
 little boy
 with the power
 to help heal it.

Sometimes a loved one's embrace is the best medicine available. When you're staying with us, we make plenty of room for all of your friends and family to make sure you get a regular dose of it. **Our community. Our health.**

SHADES OF IRELAND

Tour discussion April 17

Have a desire to visit Ireland? People Plus is co-sponsoring a fall trip to the Emerald Isles, and an informational meeting led by Collette Travel representative Bryan Towler, will be held at the Center on April 17, beginning at 6:30 p.m. "Shades of Ireland," a 10-day, 13-meal tour, is one of the most popular trips in the Collette travel brochure. It visits Dublin, Waterford, Killarney Dunloe and Limerick, the Blarney Stone, ring of Kerry cliffs of Moher and finally Cabra Castle.

Regular rates for double occupancy is \$3,199 per person, single rate is \$3,599, and air fare, from Boston, is included. The tour will leave Boston on Oct. 27 and return on Nov. 5.

There is an opportunity for saving by booking before the end of April. For an informative, full-color brochure, and more information, contact Frank Connors at the Center, 729-0757.

Successful Showcase

The Seniors Have Talent? show at the Bath Senior Citizens Center played to a capacity crowd March 16. People Plus Center members captured two of the three cash prizes, and our own Millie Ackley, far left, directed the presentation.

PHOTO BY MARTHA STEEN



Senter Fund supports SAT Prep course

The People Plus Center is once again hosting free SAT preparation for Brunswick-area high school sophomores, juniors and seniors, thanks to a grant from the Alfred M. Senter Fund.

The first of two sessions begins Saturday, April 6, and the second part opens Saturday, April 27.

Both classes, instructed by qualified SAT Prep instructors Leslie Hunt and Benjamin Hauptman, commence at 3

p.m. and continue about two hours. Students receive an overview of testing procedures and strategies, as well as access to additional study material.

Limited to 25 students, registration forms are available at the Brunswick and Mt. Ararat high school guidance offices, or at the front desk of People Plus.

For more information, contact Jordan Cardone at jcardone41@gmail.com.

Raffle benefits Music In April

One of the "special events," on-going during the Music In April gala on April 11 is the "wandering auctioneer," this year featuring officer Rob Wells who sells tickets for five very special items during the evening.

Tickets are \$5 each or three for \$10. Items in the raffle include: a framed original oil painting, 25 inches by 19 inches, titled, "Fishing shacks on the Androscoogin," and painted by Frances Caswell; a hand-turned wooden bowl, measuring 8 inches by 3 inches, crafted by Robert Morrell from a Bowdoin College sugar maple; a delightful off-season

long-weekend (3 nights) at Popham Beach; a one-night stay for two in the Hampton Inn, Bath, including a hot breakfast, use of an indoor pool, whirlpool and fitness center, accompanied by a Solo Bistro gift certificate for \$25; AND last but not least, 12 original photo note cards by Gail Ripa, all in their own box, titled, "Berris, Bees, Blossoms & Butterflies."

Valued at more than \$1,200, these five items will be awarded one at a time, on a first come, first won basis. "What a value for \$5!" Wells exclaimed.

Asthma is focus of 'Ounce' series

Asthma educator Stacy Schmidt (RRT, AE-C) will offer a program, "Asthma we age," in the Community Room at the Mid Coast Senior Health Center on Monday, April 8, beginning at 11 a.m.

The center is located at 58 Barbeau Drive, Brunswick. The program is part

of the center's Ounce of Prevention series.

Schmidt, educator with Mid Coast Hospital, will suggest ways to manage changing asthma symptoms, and will answer questions as time allows. For more information call 373-3646.

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A chiropractor should be part of your wellness team!

The word wellness is thrown around a lot these days but do we really understand what it means? Quite often I see the word wellness used as a marketing tool to describe old approaches to health care that have been repackaged to appeal to a population that is becoming increasingly savvy when it comes to making health care choices. We live in a society where a significant part of the population is willing to spend a great deal of time, energy, and money in order to achieve this state called wellness.

Wellness is the degree to which an individual experiences health and vitality in any dimension of life. It is a state of being that requires balance in the physical, mental, spiritual, and social aspects of life.

The nervous system, the master system of the body, controls and coordinates all the functions of the body. In order for an individual to express wellness it is necessary for the nervous system to function properly. When there is interference in the nervous system we lose the ability to adapt to stress and we move away from health and balance toward a state of dis-ease or lack of balance. As tissue damage accumulates, a disease process and the associated symptoms will follow.

With a combination of advanced technology and time tested techniques, today's chiropractors are better than ever at detecting and correcting misalignments of the spine and the resulting nerve interference. These misalignments called vertebral subluxations disrupt nerve flow and interfere with the communication between the brain and the body. If nerve interference is detected it can usually be corrected over time through appropriate chiropractic care. As the function and balance of the nervous system improves your body will be able to adapt to stress better and you will be able to express higher levels of enjoyment in life.

It is my experience that monumental shifts in one's health and wellness usually begin with a shift in perception, or a new understanding of the incredible potential that lies within their own bodies. Welcome to a journey of new discoveries, greater potential and expanded health and vitality. ...

Wellness.

In honor and respect for the value you bring to our community I offer you an opportunity to explore your potential to be well! Call Sloucm Chiropractic Wellness Center 207-725-4222 and mention this article, my team will schedule your complimentary consultation at your convenience.

To Your health,
Dr. Jeffrey S. Sloucm



Dr. Jeffrey S. Sloucm

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spectrum generations

Southern Midcoast Community Center
12 Main St., Topsham
Open Monday thru Friday 9am to 3pm
729-0475

Living



Healing Arts - Spectrum Generations is pleased to have Harpswell Healing Arts available twice a week at our center. April Joy Purinton is an ABMP certified, licensed Massage Therapist and Polarity practitioner.

We are very pleased to have April offering her services here at the center. She is running a special—\$39 for an hour long massage. Call for an appointment. 729-0475

Learn Italian - Anna is once again offering her Italian class. This 6-week class is an introduction to the language and customs of Italy. Call to sign up! Class starts April 24th at 10 am. \$35 for the six weeks.

Play Bridge Tuesday & Thursday At 9:30 a friendly group gets together to play bridge. Mostly novices they enjoy talking about the hands and helping each other gain experience. Call for more information 729-0475, Free

Carefree Café is a collaboration with Brunswick Area Respite Care and Spectrum Generations. Once a month we have offer a restaurant style meal with complete service. For those with PML and their caregivers.

Join us for this intimate, fun, and social outing. April 23rd. Please call to make a reservation— 729-8571.

Parkview Speaks - Friday, April 18th at 12:30, Nikki Yeaton from Parkview Hospital will be leading us in some easy stretching to get ready for the summer.

Get Answers

Veterans Benefits Assistance Are you a veteran who deserves benefits from the VA? Do you know what VA benefits you are eligible for? Are you a dependent who might be eligible for VA benefits? Have you had trouble getting in touch with the VA. On the third Tuesday of each month we will have a representative of the Veterans Administration here at the center. Call 729-0475 for appointment.

Consumer Information Do you have questions about what services are available for you or your loved ones? Craig is available to help you obtain information on benefits and savings programs. Call 729-0475 for an appointment.

Meals on Wheels Do you know someone who is homebound and doesn't have a support system to regularly eat? If so, we have the answer. We deliver nutritious meals to shut in seniors 60 and older and to disabled adults. **We Sustain Maine**, our new award winning senior nutrition program, has begun using locally grown products from the fields of Maine farms. Call 729-0475 today for more information.

Spectrum Generations is a designated Aging and Disability Resource Center (ADRC) that promotes independence and dignity for individuals. If you need answers on aging and disability issues we are here for you. We provide easy access to information to assist consumers in exploring a full range of long-term support options plus provide resources and services that support caregivers.

Cyber Café - We have several computers with printers that can be used free. We also have free Wi-Fi available throughout the building. Visit us while you visit the web and get connected!



Welcome to Medicare

Have you or someone you know tried to wade through the Medicare insurance system and found it confusing? Do you just wish there was someone who could help you make sense of all the information you see and hear about Medicare?

Do you have questions you just can't seem to find an answer to? Then this just might be the session for you!

This is where you can find the answers to basic questions about Medicare. April 9th at 12:30 at People Plus - Cumberland Street in Brunswick. Free

Coffee & Desert Wednesdays & Friday's


Join us for coffee and dessert on Wednesday and Friday's. Same great coffee and pie and conversations. Entertainment on some days. Give us suggestions for speakers.

Hearing Seminar

Brunswick-based audiologist Dr Cristin Richards, has devoted her career to her mission of helping families hear better.

Come join us April 12th at 12:30 as she share her insights and experiences into this fascinating, fast-moving field. Her entertaining talk will be followed by a question and answer session and free hearing screenings. She also has a surprise give-away for all attendees

SEQUESTRATION



Sequestrations Impact on Older and Disabled Adults

On Friday March 01, federally mandated sequestration cuts went into effect. This impacted all Older Americans Act (OAA) and other federal grants/funds received by Spectrum Generations. The cut has been advertised in the media as a 5% cut; however, since funds were already distributed and spent for the first five months of the fiscal year, the impact is more like a 9% cut for the remaining seven months. The amount of funding we expect to have reduced is approximately \$106,000. Additionally, we have been running a slight deficit this year as current federal funding has not been enough to meet the growing demand of services. In total we have to cut \$172,588 in administration, staff, and unfortunately, program services.

Travel with Spectrum Generations

Vancouver Bound - Southern Midcoast Community Center has signed on with Collette Vacations to offering an exciting trip to Vancouver. This 8-day trip leaves **October 6, 2013**. Cross the Rockies by train! Trip includes site seeing in Calgary, Jasper, Vancouver and three days in Banff. FMI (207) 729-0475



This eight day trip is not to be missed!



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PEOPLE PLUS MEMBERSHIP

Date _____

PLEASE PRINT

1. Name _____ (LAST) _____ (FIRST) Phone _____ Birthdate _____

2. Name _____ (LAST) _____ (FIRST) Phone _____ Birthdate _____

Mailing Address _____ City _____

State _____ ZIP _____

New Member Renewal

*Would you like your Newsletter: Mailed E-mailed

Email _____

*I would like more information about: Services

Volunteer Opportunities Programs & Activities

Membership Fees: \$25 per person **Additional Donation:** \$ _____
Payable to People Plus: Check/Cash Visa Mastercard
Total \$ _____
 Credit Card # _____ Exp. Date _____
 Signature _____
Donations above Membership Fees are tax deductible.

People Plus
 Annual Fund Goal
\$53,000
 Raised through March 25
\$35,691
 Fiscal year ends June 30
 Your donation of \$25 or more in "New Money" contributes to a 100 percent challenge match of Richard Morrell, to a maximum of \$5,000.
Every donation matters.

100
90
80
70
60
50
40
30
20
10
0
67.3

'Thank YOU!' Memberships make our base

In our annual letter to members for renewals, we talk about each individual membership being a "BRICK" in the "foundation upon which our center is built."

One of the things that make our People Plus Center unique and special is the fact we really are a LOCAL organization. We actually do have annual individual memberships, renewable once each year, that do total right around 1,000 people. Did you know that makes us one of the largest, member-based nonprofits in Maine? With that \$25 check you send each year, whether you use the Center daily, weekly, monthly or only on very special occasions, you are maintaining "stock" in this very personal, very unique business that is People Plus. In another sense, you offer a "vote," because every time you come through our door — for a computer class, a well-ness activity, a meal, a game of cards, or table tennis, or just to volunteer or say "hi" — you are telling us what is important in your life.

Thanks for your support, thanks for helping out — "thanks for being you." We just don't ever seem to say that enough!

Remember always to show your membership card proudly at area businesses, and you could save money each day. Many local organizations, including advertisers in the People Plus News, and the following listing, are delighted to offer special discounts to members and friends of your People Plus Center:

Beauty Salons/Skin Care

Reflections: 10%, Monday-Friday
 2 Center St., Brunswick
 729-8028, www.reflectionsbylucie.com

Thanks Bob!

"Bob" won the 50/50 raffle at our March luncheon (worth \$48) and brought in a check for \$25 for a "Morrell Match" to our annual fund the very next day.
 "Always good to share the wealth," he said.

Candy

Wilbur's of Maine: 10%, Anytime
 43 Maine St., Brunswick; 729-4462

Dry Cleaning

J&J Cleaners: 10% Pickups, Wednesdays (customers over 55)
 Maine Street, Brunswick; 729-0176

Florist

Pauline's Bloomers: 10%, Anytime
 49 Maine St., Brunswick; 725-5952
 www.paulinesbloomers.com

Auto Service

Automotives: 10% Anytime
 21 Bath Road, Brunswick; 729-0842

Bill Dodge Auto Group: 10% off parts and service; 252 Bath Rd., Brunswick; 898-378-1404

118 Pleasant St., Brunswick; 729-6653
 www.billdodgeautogroup.com

Brunswick Ford: 10% off on Parts and Service

157 Pleasant St., Brunswick; 725-1228

Lee's Tire & Service: 10% on Parts (excludes tires)

35 Gurnet Road, Brunswick; 729-4131
27 Monument Place, Topsham; 729-1676

Tire Warehouse: 20% on Labor

24 Topsham Fair Road, Topsham; 725-7020, www.tirewarehouse.net

Medical Services

Augat Chiropractic: Free consultation and cursory exam

9 Pleasant St., Brunswick; 725-7177

Berrie's Opticians: 20%, Anytime

6 Maine St., Brunswick; 725-5111, www.berriesopticians.com

Maine Optometry: \$30 off complete pair of glasses

82 Maine St., Brunswick; 729-8474
 www.maineoptometry.com

Nickerson Optical & Hearing Aid Center:

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 82 Barbeau Drive, Brunswick
 725-1110, www.nickersonoptical.com

Recreation/Entertainment

Eveningstar Cinema: Free bag of popcorn at evening shows

149 Maine St., Brunswick; 729-5486
 www.eveningstarcinema.com

Spare Time Bowling: \$1.85/String, 7 days a week, 9 a.m.-5 p.m.

276 Bath Road, Brunswick; 725-2963
 www.sparetimebrunswick.com

Restaurants

Arby's: 10%, Anytime, excluding coupons
 Topsham Fair Mall Road, Topsham
 729-8244, www.arbys.com

Big Top Deli: 10%, Anytime

70 Maine St., Brunswick; 721-8900, www.bigtopdeli.com

Fairground Café: 10%, Anytime

Topsham Fair Mall; 729-5366

McDonald's: Free Dessert with Purchase

11 Gurnet Road (Route 24), Cook's Corner, Brunswick; 729-4416
 www.mcmaine.com/1080

Sam's Italian Foods: 10%, Except for Specials (Patrons over 60)

Cook's Corner, Brunswick; 725-4444

Tavern at Brunswick Station: Buy one entrée, get one half off

4 Noble St., Brunswick; 443-3538
 www.innatbrunswickstation.com/
 tavern_dining/

The Great Impasta: 15% off Wednesday lunch (food only)

42 Maine St., Brunswick; 729-5858
 www.thegreatimpasta.com

Stores

Bowdoin College Store: 10%, Anytime

Station Avenue, Brunswick; 798-4344
 www.bowdoin.edu/bookstore

Indians: 10% on Non-sale Items, Mondays

Tortine Mall, Brunswick; 729-6448

Portland Glass: 10% on Materials (\$50 max)

61 Bath Road; 729-9971
 www.portlandglass.com

Shift: 10% on Wednesdays

56 Maine St., Brunswick; 729-4050
 www.shiftomaine.com

Gelato fundraiser is April 24

The fifth annual Gelato Fiasco fundraiser, to benefit the Brunswick Teen Center, is April 24, from 11 a.m. to 11 p.m. Celebrity scoopers, a 50/50 raffle and an exciting list of "surprise events" should make the day one to remember.

This year, for the first time, several other local businesses and organizations are joining the event, with supporting sponsors making a donation to the Teen Center. Also this season, managers are "feeding" a friendly rivalry between Brunswick and Topsham and Harpswell, to see which towns will bring in the most receipts in an hour! If you live in Brunswick, be sure to record your receipt between 1 and 2 p.m., and if you are in Topsham and Harpswell, get to the gelato store between 2 and 3 p.m. Traditionally, these two hours are the slowest of the 12-hour Scoop-a-thon day, and this year, organizers will "try to make every minute count!"
 The Gelato Fiasco flagship store, 74 Maine St., in Brunswick, donates 100 percent of sales beyond its seasonal, daily average to the Teen Center. Last year's scoop-a-thon served more than 900 people, and raised \$3,367 for the Center.

Puzzles galore!

We've added a good selection to our lending library in the café. Come and get 'em.



WANTED

Empathetic Volunteer to mentor a group of teen mothers.

Group meets at People Plus, Wednesdays from 3:30-5 p.m.
 Contact Wills at Seeds of Independence, Freeport (865-9267)
 Make a difference, one life at a time.

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Cathy Bagdon and Judy Warren, Owners

Fields of flames, sheets of smoke

Back when I was a boy, me and my brothers would watch in wonder from the tree line while firemen in great coats, boots and Indian tanks would jog through the dead, bawn grasses of a pasture or field until they had encircled it.

"Touch 'er off," someone would yell, and in minutes, two, maybe 10 acres would be ablaze! Flames would roll skyward in great, unhindered sheets, and white smoke would billow into the light evening breeze. There would be snapping and crackling as the fire rushed past, and the sudden heat that tightened the skin on my cheeks made me flush. Firemen on the other side became ghostly, distorted figures as we watched them dance the line between the edge of the field and the surrounding woods.

There was always this one field burn, done right in the middle of town, that I always anticipated with great excitement. It was a few hundred feet from the fire station, off Main Street, and sur-

rounded on three sides by houses, a barn, and a church. I always marveled as the men mastered that field in minutes, never letting any of the property around catch fire.

John "Jack" Tourtelotte, a Bowdoinham fireman for 57 years and chief for the last 14, admits that he got his start in the local volunteer department as a "field burner." Retiring this spring, "leaving the job to younger hearts," he recalls field burns as something he will miss. "They were good training tools, and good opportunities to develop fire-fighting skills," he added.

They were more than that. The farmer who owned the field always donated \$25-\$30 to the local auxiliary, and on a good April evening, if the air was clear and the grass dry, the crew could burn off four or five fields. That money became seed money for firefighting equipment for the department, and high school kids, those wanna-be firemen, got their first exposure to volunteering as a career. <None>

For years, field burns in the spring would help farmers keep pastures and fields open. Bushes and brush in perimeter areas were kept in check by back-burning. If you had a blueberry field, biannual burns were considered essential. There are many who suggest the burning process, "regenerates" a field, releasing nitrogen as the burn rolls over.

My father-in-law, Norman, never burned his big field "out back," but he was always watching for a chance to burn one section right near the end of his house. He'd call the station and get a brush burning permit, and if the wind wasn't, "too bad," he'd touch off that slope. He'd call it a "sideburn," he assured everyone it was perfectly legal.

This area was loaded with a purple vetch all summer, but when the snow came off each April, there was a treacherous mass of tinder dry vine that was too big a temptation for him to ignore. Some years, he'd warn Barbara (his wife), some years he wouldn't. Some years he'd ask for help, most years he

Speaking Frankly

FRANK CONNORS



wouldn't. There was one year that his mother-in-law was visiting, smelled smoke and called the fire department.

That almost got Norman in trouble, but Norman was a great talker. There were other years when Norman took Barbara's good kitchen broom, used it to sweep the perimeter sparks away from the house, and slip it back into the kitchen when he was done. Most of those years, he could NOT talk his way out of trouble.

Riding through the countryside today, many of these same old fields have a house or two on their front edges, and alders are creeping toward the woods behind. I catch myself wondering what happened to the farmers, and why someone isn't trying to keep those fields open with a nice spring burn.

Thanks, Jack.

New or renewing members — April

*Indicates membership donation

LIFETIME MEMBER

Wilhelmine D. Oakes, Bowdoinham

BRUNSWICK

Conny Barker*
Stephanie MacNeille
Margaret Lambert
Preston Wilkins
Victoria Kadzianskas
Katharine "Kay" Mann
Sal Moscato*
Barbara Moscato*
Priscille Bernier
Donald Whittmore*
Sally Whittmore*
Mary Alice Treworgy
J. Roland Morin*
Dorina C. Morin*
Barbara Raymond
Tina Phillips
Lorraine Berte
Patricia D. Livesay
Glenda Grant
Theodore Grant
Richard Giustra
Karen Giustra
Juliette C. LeMieux-Covell*
Cynthia M. Stevens

Mary A. Biette
Robert N. Biette
Craig P. Snapp*
Carmel Davenport
Anne Wescott Dodd*
Ann Swanson
David Swanson
Dorothea Sulzer*
Patricia Biggs*
Douglas Biggs*
Jo Anne Quittmeyer
George Quittmeyer
Andre Labrie
David Reed
Susan Reed
Sandra C. Cox
Louis P. Mazzamauro
Elena "Ellie" Eramo
Fran Smith
Jacqueline Drapeau
Juris Apse
Rita Fortin
Chanel Fortin
Linda McCullough
Eleanor Doherty
Winnie Silverman
Thomas Hallenbeck
Robin Schmidt
Anita Owens*
Grayce D. Gill*
Frances Woodring*
Jeanne Clampitt

Larry Clampitt
Ruth P. Beck
Alexandrine Godleski*
Ruthanne Thibodeau
Donna Tompkins
Beth Compton
Michael Anne Banks*
Tim Banks*
Elizabeth Scully
Roland Melcher
Joan Melcher
Dorothy Weeks
V. Joan Williams
Bart Beattie*
John Moncure*
Mary Wood
Astrida Apse
June Nering

TOPSHAM

Merrilyn L. Tombrink
Sherman E. Milliken
O Jeanne d'Arc Mayo
Dana Mayo
Marie Neale
Linda Mallard
John Sczymek
Diane Larrabee
Linda Schoenfeldt
David Cranston
Marcia Cranston
Nancy Gamage
David Sutton

Kay Sutton
Mary Ann Harty*
Elizabeth Pettigrew*
Marion Schneider*
Margaret R. Fearon*
Pam Gatcomb

HARPSWELL

Linda J. Strickland
Linda Despres
William Sabrowski
Susan Sabrowski

Harry Parsons
Sally Clifford
Linda Knowles
Timothy Bernard
Walter H. Phillips*
Joan C. Phillips*
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Robert L. "Bobby" Davis
Nan Davis
Lydia Mears
Richard Mears

Sally "Sarah" Moulton*
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AARP TaxAides, 'ready' for final push

Our trained and certified AARP tax aids remain at the Union Street Center each Tuesday and Thursday, and will continue to be at your service for last-minute returns through tax day, April 15. Preparation and reviews of federal and state returns is a free service at People Plus, and is sponsored jointly by the AARP foundation and the IRS.

Appointments are still being taken for Tuesday mornings from 8:30 a.m. until noon, and Thursday afternoons from 12:30 to 4:30 p.m. Persons planning to use this free tax service should call the People Plus information desk at 729-0757 to schedule their appointment. The day of the service, they should arrive 10 minutes early with a valid photo ID, copies of last year's tax returns, and any tax-related forms they have received and will need.

Retired teachers to meet in Bath

The Mid-Coast Retired Educators will meet on Tuesday, April 9, at the Bath Regional Career and Technical Center, 800 High St., Bath. Connie Jones will be the guest speaker, discussing "The Amazing Brain."

The social gathering time is 10:30 a.m., followed by the meeting at 11 a.m. A lunch will be served by the students of the Technical Center. The FUNdraisier for the day will be a loose change collection. Each year the educators award scholarships to a graduating senior at Morse, Mt. Ararat and Brunswick high schools who plans on entering the education field.

Plans will be made to attend the annual MEA-R convention to be held May 2 at the Augusta Civic Center. And work will commence on the Day of Service to be held in September.

Any retired educator (Maine or elsewhere) is welcome to join this group. For more information, call 666-3922.



Art show continues

The impressive collection of paintings and prints offered by Brunswick artist Mary Alice Trethewey remains in the Union Street Gallery at People Plus through the month of April. Her works — including "The Works, Etc.," a giclée print, above — may be enjoyed during regular business hours at the Center.

Lunch Out!

April 9,
at 11:30 a.m.

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BISTRO

128 Front St., Bath

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(AND SOMETIMES CHUCK)

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BRUNSWICK HIGH CHORUS
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COMBINED FINALE

SATURDAY, APRIL 20TH

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320 CHURCH RD BRUNSWICK

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CONCERT BEGINS 7:00PM

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